

**To call in or fax an order (2 hour notice required)  
be prepared with the following information:**

Pick-up time, ranks\*, names, and last 4 of SSN for each individual ordering.

\*For flight meals, please include a tail number.

Call 881-5128 or fax 881-5447 (when faxing it is highly recommended to call to confirm receipt).

\*One meal and one supplement per person, per meal period.





= Healthy options

### Large Sandwich

Flight Meals	Ground Support Meals
<b>\$3.90</b>	<b>\$4.55</b>




*For a healthier sandwich hold the mayo (12g of fat) and cheese (9g of fat). Use mustard or request fat free dressing instead.*

- L1** 10 oz. Ham & turkey hoagie with cheese
-  **L2** 6 oz. Turkey on wheat with cheese
- L4** 6 oz. Roast beef on wheat with cheese
- L5** 6 oz. Ham on wheat with cheese
-  **L6** Grilled chicken breast on bun with cheese (2)
- L7** Peanut butter & jelly on white (2)



### Small Sandwich

<b>\$2.10</b>	<b>\$2.45</b>
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- S2** 3 oz. Ham on white with cheese
-  **S3** 3 oz. Turkey on white with cheese
-  **S4** Grilled chicken breast on bun with cheese
- S9** 3 oz. Ham & turkey on white with cheese
- S10** 3 oz. Ham, turkey & beef wrap
-  **S11** 4oz. Chicken wrap

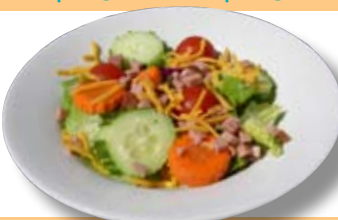


### Small Salad

<b>\$2.10</b>	<b>\$2.45</b>
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*For a healthier salad request fat free dressing.  
(Regular Ranch 17g fat).*

-  **S5** Chicken tossed salad
-  **S7** Ham tossed salad



### Small Breakfast



<b>\$2.10</b>	<b>\$2.45</b>
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- S1** 2 Plain bagels
-  **S2** 2 INDV cereals / 2 INDV milks
- S4** Breakfast sandwich, sausage
- S6** Breakfast sandwich, ham



### Supplements

*Substitutions are not available.*

- Sup#1** Bottled water, canned soda, candy bar, chips, Nutri-Grain bar and fresh fruit
- Sup#2** Bottled water, individual juice, Rice Krispie Treat, chips, fruit cocktail cup and fresh fruit
- Sup#3** Bottled water, Gatorade, muffin, cookie, chips and fresh fruit
- Sup#5** Milk, individual juice, fresh carrots, fresh celery, Nutri-Grain bar, applesauce and fresh fruit
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- Sup#9** Bottled water, individual juice, yogurt, Nutri-Grain bar and fresh fruit
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- Sup#10** Bottled water, canned soda, candy bar, fresh carrots and fresh fruit

### Frozen Foods a la Carte

- FZ1** Fried Chicken Meal **\$1.20**
- FZ2** Sliced Turkey Meal **\$.95**
- Healthy Choice Meal**
- FZ3** Salisbury Steak Meal **\$.95**

### Beverages

Pepsi, Diet Pepsi, Wild Cherry Pepsi, Mountain Dew, Diet Mountain Dew, Sweet Tea, Mug Root Beer



**Thank You!** We value your suggestions. Please take a moment to fill out a comment card by clicking "ICE" at [www.myhurlburt.com](http://www.myhurlburt.com)  
12/30/11. Supersedes all others. Subject to change without notice

