

FOOD & FITNESS

WORD SCRAMBLE ANSWER KEY

STSORP

S	P	O	R	T	S
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GIEWHT

W	E	I	G	H	T
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TANGIE

E	A	T	I	N	G
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AOYG

Y	O	G	A
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MOTNOI

M	O	T	I	O	N
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SUSMELC

M	U	S	C	L	E	S
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BEFRI

F	I	B	E	R
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MYLFIA

F	A	M	I	L	Y
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CERSIEXE

E	X	E	R	C	I	S	E
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Unscramble each of the clue words above.

Take the letters that appear in

T

 boxes and unscramble them for the final message below.

Hint: A web-based program that encourages young people to Get Up, Get Out and Get Fit!

F	I	T	F	A	C	T	O	R
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