

# FOOD & FITNESS

## WORD SEARCH ANSWER KEY

N	I	N	O	T	A	L	E	M	G	R	S	M	S
M	U	X	E	P	I	L	A	T	E	S	X	O	L
T	Z	T	A	T	H	L	E	T	E	S	C	J	A
S	P	O	R	T	S	M	A	N	S	H	I	P	R
E	M	O	T	I	V	A	T	I	O	N	P	N	E
I	Y	L	V	S	T	I	F	L	C	S	C	W	N
G	A	A	N	E	F	I	E	K	N	T	A	F	I
R	Q	N	N	R	R	S	O	I	A	R	L	O	M
E	B	O	C	A	T	W	M	N	W	E	O	O	H
L	B	I	I	E	W	A	E	Z	W	A	R	T	Y
L	S	T	R	E	T	C	H	I	N	G	I	B	L
A	Q	O	P	I	Y	F	C	A	G	N	E	A	N
L	L	M	V	I	O	Q	S	D	S	H	S	L	R
F	W	E	Z	G	N	I	N	I	A	R	T	L	T

- ✓NUTRITION
- ✓EMOTIONAL
- ✓MOTIVATION
- ✓FITNESS
- ✓CALORIES
- ✓ALLERGIES
- ✓VITAMINS

- ✓FOOTBALL
- ✓PILATES
- ✓TRAINING
- ✓STRETCHING
- ✓ATHLETES
- ✓SPORTSMANSHIP
- ✓BREAKFAST

- ✓MINERALS
- ✓CHOLESTEROL
- ✓OVERWEIGHT
- ✓MELATONIN