



A&FRC January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	 1 Happy New Year! CLOSED	2 Admin Pre-Separation Brief 0800-0900	3 Reintegration Brief 1300-1330	4	5	
6	7 **Spouse Employment Ready 0900-1100 Intro Monitor/ Sponsor Training 0800-0900	8 Newcomer's Orientation 0730-1200 **Moms, Pops & Tots (0-2) 1000-1100 Reintegration Brief 1300-1330 Transition Tricare/Reservist Brief 1330-1445	9 Pre-Deployment Brief 0800-0900 Admin Pre-Separation Brief 0800-0900 **Welcome Spouse 0900-1430	10 **Budgeting & Debt Management 1100-1200 Reintegration Brief 1300-1330 Pre-Separation Brief 1330-1530	11 Plan My Move 1400-1500	12 Give Parents A Break: 0900-1500
TRANSITION GPS WORKSHOP, MON-FRI 0800-1600						
13	14 **Bundles for Babies 0900-1100 Home Loan Guaranty Prgm 1300-1430 Using Vet Centers 1430-1600	15 **Moms, Pops & Tots (0-2) 1000-1100 Reintegration Brief 1300-1330	16 Admin Pre-Separation Brief 0800-0900 **Resume Basics 0900-1100 First Duty Station Officer Financial Brief 0800-0930	17 Key Spouse Initial Training 0830-1430 **TSP Overview 1100-1200 Reintegration Brief 1300-1330	18 SAFETY DAY CLOSED	19
CAREER EXPLORATION AND PLANNING TRACK MON-TUES 0800-1600						
20	21 MLK Birthday CLOSED	22 **Moms, Pops & Tots 0-2) 1000-1100 **Single Parent Support Grp 1130-1230 Reintegration Brief 1300-1330	23 Pre-Deployment Brief 0800-0900 Admin Pre-Separation Brief 0800-0900 **The Art of the Interview 0900-1130	24 **Federal Employment Workshop 0900-1100 Reintegration Brief 1300-1330 Pre-Separation Brief 1330-1530	25 **Hearts Apart Total Wellness Seminar 1000-1130	26
STAND ALONE TGPS VA AND A&FRC BRIEF TUES-WED 0800-1600						
27	28	29 Newcomer's Orientation 0730-1200 **Moms, Pops & Tots (0-2) 1000-1100 Reintegration Brief 1300-1330 Transition Tricare/Reservist Brief 1330-1445	30 Admin Pre-Separation Brief 0800-0900 **Relationships & Money 1300-1400	31 **Car Buying Strategies 1100-1230 Reintegration Brief 1300-1330	 **Indicates Resiliency Passport Approved	
HIGHER EDUCATION TRACK MON-TUES 0800-1600						
TRANSITION GPS WORKSHOP, MON-FRI 0800-1600						

NEW CLASSES

Budgeting and Debt Management; 10 Jan, 1100-1200 @ the A&FRC: This course provides learners with the background and tools to help them develop financial goals with a written plan to achieve those goals. Further, learners will become familiar with preparing a strategic plan to help reduce and eliminate their indebtedness using power payments that fit their personal budget or spending plan.

VA Home Loan Guaranty Program; 14 Jan, 1300- 1430 @ the King Auditorium: Ever thought about being a homeowner or refinancing your current home loan? In this Home Loan Guaranty MLC Module, learn about the VA Home Loan Guaranty Program and how you can use it throughout your military career to buy or refinance a home!

Using Vet Centers; 14 Jan, 1430-1600 @ the King Auditorium: Did you know that Vet Centers have free and confidential resources that you may be able to use as an active-duty service member? In this Vet Center MLC Module, learn about the programs and services available through the Vet Centers and who is eligible to access them.

Key Spouse New Volunteer Initial training; 17 Jan, 0830-1430 @ the A&FRC: This initial training is intended for volunteers appointed by the Squadron Commander to act as Key Spouses.

TSP Overview; 17 Jan, 1100-1200 @ the A&FRC: Class provides detailed information on the Thrift Savings Plan (TSP) to help learners understand how TSP can contribute to financial security during retirement.

Hearts Apart: Total Wellness Seminar; 25 Jan, @ 1000-1130 @ the HAWK. Join us at the HAWK to learn how to be a better you! Receive information on nutrition and fitness and take an optional body composition test. Call 884-5441 for more info/RSVP.

Relationships & Money; 30 Jan, 1300-1400: Class will provide awareness for couples and those intending to get married on the importance of effective preparation, communication and collaboration in achieving financial fitness and reaching financial goals.

Car Buying Strategies; 31 Jan, 1100-1230: Class is designed to develop knowledge and skills that will enable participants to conduct adequate research on a new car purchase, to determine how much they can afford to spend on a car and to negotiate effectively when purchasing an automobile.

Hurlburt Field Airman & Family Readiness Center

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RECURRENT CLASSES

DEPLOYMENT RELATED

Reintegration; 1300-1330; Tuesdays & Thursdays @ the A&FRC: Required briefing for those returning from deployments. Covers how to manage the stress related to returning home and family life, things to look for in yourself, how to deal with change, communication skills, parenting issues and adjustment strategies for singles.

Pre-deployment; 0800; Every Other Wednesday @ the DCC: Required briefing for member preparing for Deployment.

EMPLOYMENT RELATED

Spouse Employment Ready Workshop; 7 Dec, 0900-1100 @ the A&FRC: An employment workshop conducted by the A&FRC and CareerSource. The workshop assists participants in identifying their individual career plan (ICP).

Resume Basics; 16 Jan, 0900-1100 @ the A&FRC: This class will teach the tools necessary to create a basic resume document.

Art of the Interview; 23 Jan, 0900-1130 @ the A&FRC: Provide attending members a first-hand look at what is expected during the interview process, before-during & after. Also, we will discuss how the principles of "dress for success".

Federal Employment Workshop; 24 Jan, 0900-1100 @ the A&FRC: This class will provide information on how to write a federal resume and will help you become familiar with the USAJOBS website.

FAMILY & KIDS

Moms, Pops & Tots (0-2 yrs); Tuesdays, 1000-1100 @ the A&FRC: A playgroup for moms, pops and their tots ages 0-2. Meet other parents in the similar stages of life while the kiddos play!

Welcome Spouse; 9 Jan, 0900-1430 @ the A&FRC. This orientation is designed to welcome and assist new to the area spouses with resources that will aid in adapting to their new community.

Give Parents a Break; 12 Jan, 0900-1500 @ the CDC West & Youth Center: An Air Force Aid Society sponsored program that provides childcare for spouses of deployed members, single AD parents, or families under stress (must meet with a consultant for referral). Requires a referral by a First Sergeant, Chaplain, or the A&FRC.

Bundles for Babies; 14 Jan, 0900-1100 @ the A&FRC: This briefing will provide information on labor, delivery, and how to care for your newborn. Additionally, we will provide financial awareness on the cost of raising a child. Stress management for new parents. Participants receive a \$50 gift card from AFAS.

Single Parent Support Group; 23 Jan, 1130-1230 @ the A&FRC: An informal brown-bag lunch-time meeting to share with others the joys and challenges of being a single AD parent. Must call for reservations the Friday before.

RELOCATION

Newcomer's Orientation; 8 & 29 Jan, 0730-1200 @ the King Auditorium: Mandatory Briefing for all new personnel assigned to Hurlburt Field. The briefing covers base required material, local laws and fulfills several in-processing requirements.

Intro Monitor/Sponsor Training; 7 Jan, 0800-0900 @ the A&FRC: Class prepares sponsors to assist in-bound personnel and their families.

First Term Duty Station Officer Financial Briefing; 16 Jan, 0800-0930 @ the A&FRC: Financial readiness briefing for newly assigned first duty station officers.

Plan My Move (Smooth Move); 11 Jan, 1400-1500 @ the A&FRC: Tips and tools for families and Airmen PCS'ing CONUS or OCONUS. MUST ATTEND if you fall into one of these four categories: (1) Less than 4 years of military service, (2) First time PCS, (3) First time overseas PCS, (4) First time Remote PCS.

TRANSITION PROGRAMS & CLASSES

Transition GPS Workshop (5 Day TAP); 7-11 Jan & 28 Jan-1 Feb, 0800-1600 @ the A&FRC: The A&FRC, VA and the Department of Labor (DOL) Workshop (5 days), held twice a month at the A&FRC. Stand alone Tri-care and AF Reserve are available on the Tuesday @ 1330.

Pre-Separation Briefing; 10 & 24 Jan, 1330-1530 @ the A&FRC: Congressionally mandated briefing for transitioning members. Retirees may attend 2 years prior to Separation and those Separating may attend 1 year from Separation (must complete NLT 90 days from Separation date - no orders needed). For those receiving an **Admin Discharge**, briefing is held on Wednesdays from 0800-0900.

Career Exploration and Planning Track; 14 & 15 Jan, 0800-1600 @ the A&FRC. Workshop developed to assist military members with a desire to attend a technical or vocational school. GI Bill information will also be discussed.

VA Benefits Brief (Stand Alone); 22 Jan, 0800-1600 @ the A&FRC: The Veterans' Briefing is an integral facet of the Transition GPS Workshop; mandatory attendance for all transitioning military members not attending the 5-day workshop.

A&FRC TGPS (Stand Alone); 23 Jan, 0800-1600 @ the A&FRC: Traditionally day two of TGPS, briefing topics include finance, resiliency, MOC crosswalk, reservist/tri-care and employment panel; mandatory attendance for all transitioning military members not attending the 5-day workshop.

Higher Education Track; 28-29 Jan, 0800-1600 @ the Education Center: Workshop designed to help you identify an educational path for success.