



Better Bodies

Breakfast

**Turkey Egg and Cheese Croissant.....\$4.00*

**Bacon egg and Cheese Croissant.....\$4.00*

**Potato Egg, Sausage and Cheese Burrito.....\$5.00*

**Fiesta Burrito.....\$6.00*

(chicken, potato, egg, cheese, salsa)

All burritos on wheat wrap

**Breakfast Tacos.....\$5.00*

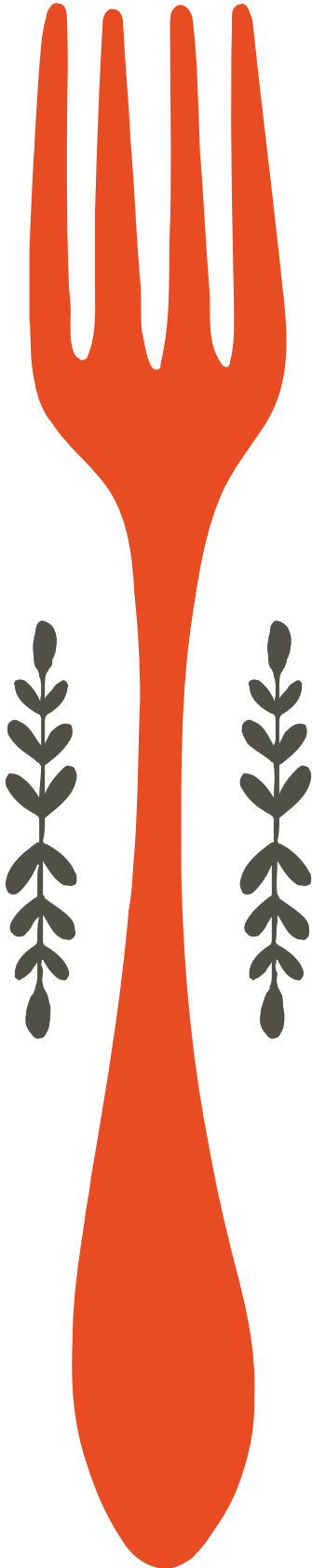
(2 wheat tortillas, bacon, egg and cheese)

**Bagel or Flatbread.....\$2.00*

(with cream cheese or peanut butter)

**Bagel or Flatbread.....\$5.00*

(With Turkey Sausage, egg white, cheese)



Make any wrap salad for the same price

WRAPS

Wheat or Spinach

**Chicken Caesar....\$6.50*

(chicken, lettuce, parmesan, croutons, Caesar dressing)

**Buffalo Chicken.....\$6.50*

(chicken, lettuce, tomatoes, buffalo sauce)

**Raspberry Chicken.....\$6.50*

(chicken, spinach, onion, mozzarella, raspberry vinaigrette)

**Famous Turkey Firebird....\$5.50*

(turkey, lettuce, jalapenos, tomato, pepper jack, house-made spicy mayo)

**Roasted Turkey.....\$6.00*

(tomatoes, onion, lettuce, yellow mustard, mayo)

**Turkey Club.....\$6.00*

(turkey, bacon, lettuce, tomato, mayo)

Bowls

**High Protein Bowl....\$7.00*

(Quinoa, Black Beans, 2 egg whites, spinach, tomato, cucumber, ranch dressing)

**Southwest Bowl.....\$7.50*

(Chicken or Ground turkey, brown rice, pinto beans, corn, tomato, cilantro, spicy seasoning)

(Extra meat \$.99)

(Extra veggies \$50 ea.)